

FOR IMMEDIATE RELEASE
CONTACT: Jaime Wilson
(916) 524-2149
February 2, 2021

Food Literacy Center Awarded Grants to Continue Food & Nutrition Education of Underserved Youth in Sacramento Region

[Sacramento, CA] February, 2, 2021 – Over the course of the 2020 pandemic, Food Literacy Center was honored to receive grant funding from Bank of America, Safeway, Dignity Health, The California Endowment, No Kid Hungry, Sutter Health, Sacramento Municipal Utility District (SMUD), Blue Diamond, and UC Davis Health. Since 2011, Food Literacy Center has committed to making a difference in the Sacramento community through food literacy education.

Food Literacy Center's mission is to inspire kids to eat their vegetables. They teach children in low-income elementary schools about cooking, nutrition, gardening, and active play to improve their health, the environment, and the local economy. Throughout the pandemic, Food Literacy Center has continued to provide this vital education through online courses, recipe demonstrations, and at-home meal kits.

As a result of their efforts, Food Literacy Center has distributed recipe kits to 8,963 kids and families, and more than 10,000 pounds of fresh fruits and vegetables. Food Literacy Center also pivoted to virtual lesson plans in 2020, offering 45 free virtual cooking demonstrations throughout the year.

Food Literacy Center Founder, Amber Stott, knows that food literacy is more important than ever to building and maintaining healthy kids in underserved elementary schools.

“2020 was an exceptionally hard year,” says Stott. “We are grateful for these funders who showed up for our kids amid rising rates of food and nutrition insecurity due to the pandemic. Organizations like these are vital to our mission and essential to the betterment of the Sacramento community.”

The grant-funding organizations are dedicated to improving kids’ wellness education, health, food literacy and overall well-being. Food Literacy Center looks forward to improving the health of local children with the ongoing support of the community.

Support Their Work

[Donate now](#) to help Food Literacy Center continue to provide fresh veggies and food literacy education to Sacramento students in low-income schools.



ABOUT FOOD LITERACY CENTER

Food Literacy Center is a nonprofit 501(c)(3) established in 2011 in Sacramento, California, with the mission of inspiring kids to eat their vegetables. The organization provides low-income elementary children with after school programming at 16 schools throughout the Sacramento City Unified School District. They teach cooking and nutrition to improve health, economy and the environment. For more information about Food Literacy Center, visit www.foodliteracycenter.org.

