



Food Literacy Corps Position Posting



ABOUT FOOD LITERACY CENTER: At Food Literacy Center, we inspire kids to eat their vegetables. Food Literacy Center came to life in July 2011 to fill a critical gap: we engage volunteers, AmeriCorps members and staff to help kids improve their knowledge, attitude, and behavior towards real food. Partnering with afterschool programs and libraries, we teach food literacy education to 1,200 (and growing!) K-6th graders in low-income schools a year, using fun, approachable lessons teaching kids to cook, about nutrition, and where their food comes from. Our kids become food adventurers!

WHY OUR WORK MATTERS:

- Despite being America's Farm-to-Fork Capital, Sacramento has a 40% childhood obesity rate, and many students and families live in food deserts.
- Overweight kids have a 70-80% chance of staying overweight for their entire lives, and obesity disproportionately affects low-income and minority children.
- Obesity is now regarded as more damaging than smoking or drinking.
- Being overweight can negatively impact a child's self-esteem, behavior, friendships, and academic performance.
- All of these problems are preventable--if we eat our vegetables. But we have two generations of Americans who do not know how. That's where we come in.

We believe food literacy matters. Learn more about us at www.foodliteracycenter.org.

ABOUT AMERICORPS & FOOD LITERACY CORPS:

AmeriCorps is a national service organization that engages more than 80,000 Americans in intensive service each year at over 21,600 unique sites including nonprofits, schools and clinics across the country. AmeriCorps service is in areas such as education, health, disaster services, economic opportunity, and the environment. To learn more about AmeriCorps visit www.americorps.gov.

Food Literacy Corps is Food Literacy Center's AmeriCorps program focused specifically on teaching food literacy to the community. Participants in the program are referred to as Food Literacy Corps. Food Literacy Corps members dedicate 1700 hours of service in exchange for a living allowance, education award, work experience, and the opportunity to give back to the community.

SERVICE TERM, HOURS AND PROGRAM LENGTH:

Food Literacy Corps members must serve full-time (40 hours per week) and must complete a minimum of 1700 hours over the course of the 11-month term. Food Literacy Center's program dates are September 10, 2018 through August 16, 2018. Members typically serve Monday through Friday, 10am-6:30pm, with occasional weekend and evening events.

POSITION DESCRIPTION SUMMARY AND SERVICE ACTIVITIES:

Food Literacy Corps members deliver dynamic, fun cooking and nutrition classes to low-income communities in Sacramento, with a focus on K-6 elementary school children in afterschool programs. You'll joyfully introduce the students to new fruits and vegetables, teach them simple, accessible recipes, and empower them to improve their health long-term by changing their knowledge, behavior and attitude around healthy foods. Additionally, members recruit and engage community volunteers

As a Food Literacy Corps member, you'll engage in the following activities:

1. *Lesson Delivery:* Delivering Food Literacy Center's engaging 14 week curriculum to afterschool programs. Working with large and small groups of K-6 school age children. Lead activities, produce tastings, teach cooking lessons.
2. *Lesson Preparation:* Prepare activities in advance of the lessons. Review and practice lessons with your team. Prep foods using food safe techniques.
3. *Outreach:* Participate in community events with the goal to engage more community volunteers.
4. *Data collection:* Collect data about program success, including student surveys and assessments and volunteer outreach and community events. Complete data entry projects.
5. *Professional Development:* Participate in a wide range of professional development opportunities and trainings.

TRAINING:

Food Literacy Center's team of Food Literacy Corps members become certified Food Geniuses through an intensive training program. You'll receive the 28-hour Food Genius training at the beginning of your term. Additionally, you will receive ongoing training on classroom management, social determinants of health, trauma informed care, and personal professional development and mentoring.

ABOUT YOU:

We're looking for energetic folks with a positive attitude and a can-do spirit. We want team players who have good judgement and can solve problems independently. Most of all, we need bright, dynamic people who are ready to dedicate a year of their lives to advancing food literacy education in underserved, diverse low-income public schools.

MINIMUM QUALIFICATIONS FOR SERVICE:

Must be 18 years or older

Must be a U.S. Citizen or Legal Permanent Resident

Minimum of high school diploma/GED equivalent

Must be able to pass a 3-tier background check (State, FBI, Sex Offender)

Strong interest or experience in youth, nutrition, cooking, or community health

Ability to work in a team environment, while being able to work independently

BONUS POINTS:

Experience working with underserved and diverse audiences

Experience working with K-6 elementary school students

Experience in the food or food access industries

COMPENSATION AND PROGRAM BENEFITS:

Food Literacy Corps members receive a stipend of \$13,700 that will be paid in biweekly installments over the course of the 11-months of service, in addition to optional health insurance coverage, childcare benefits (if eligible) and mileage reimbursement. Upon successful completion of the program, members are eligible for an Education Award of \$5,920 provided through AmeriCorps.

EQUAL EMPLOYMENT:

Food Literacy Center is an Equal Opportunity Employer. We encourage applicants of a diverse background to apply.

TO APPLY:

[Register with My AmeriCorps portal and apply now.](#)